



Newsletter

December 2025

Editorial Note

Dear ISBS members,

The Directive Board hopes this winter edition of our Newsletter (**issue #24**) finds you well and in good spirits. As we approach the end of the year, we would like to **extend our warmest wishes for the winter holidays** to all members of community. In this edition, we are pleased to share the **most recent articles** published in the ***Journal of Boredom Studies***, to highlight a newly released **special issue** devoted to boredom in the ***International Journal for History, Culture and Modernity***, and to present a selection of recent papers on boredom kindly suggested by our members.

Please, **keep collaborating with us** so that this Newsletter contains the most recent news about Boredom Studies by sending your publications, conferences, call for papers, etc. to [**contact@boredomsociety.com**](mailto:contact@boredomsociety.com).

Josefa Ros Velasco
Andreas Elpidorou
Mariusz Finkielstein
Wijnand van Tilburg
Christian Parreño

Invite your Colleagues to Join the ISBS

291 members are already enjoying the following benefits of being part of the ISBS:

- Being mentioned on our webpage as a member with a link to your website that may increase your visibility.
- Sharing with us your new publications, calls for papers, or any piece of important information concerning boredom (e.g., media releases). Such items will be disseminated to our network through our Newsletter.
- Staying informed about the work of others, new calls, initiatives, and events concerning boredom studies.

Membership is **free of charge**, and enrolment is fast and easy. Tell your colleagues that they can become members by [contacting us via our website](#) and completing a short membership form.

Journal of Boredom Studies

We are pleased to announce the **latest** scholarly contributions recently published in the *Journal of Boredom Studies* (JBS) between **November and December** as part of the **ongoing publication of Issue No. 3 (2025)**. As an open-access, multidisciplinary journal dedicated to advancing research on boredom, JBS continues to disseminate innovative and thought-provoking work as soon as peer review and editing are completed. The following articles and contributions have been made available [online](#):

Research Articles

- **Understanding Boredom in Ortega y Gasset's Moral Philosophy**
[Álvaro Artaza Prieto](#) examines boredom through the moral and philosophical lens of one of the twentieth century's most influential thinkers. <https://doi.org/10.5281/zenodo.17426112>
- **Theses on Self-Awareness in the History of Boredom Studies**
[Julian Hason Haladyn](#) reflects on core themes in the historical development of boredom research.
<https://doi.org/10.5281/zenodo.17549849>

Translation: *Philosophy and Anthropology of Boredom in Hans Blumenberg* ([Josefa Ros Velasco](#)) — making key work in another language accessible to an English-speaking audience.
<https://doi.org/10.5281/zenodo.17608194>

Essays: The essays included in this issue form part of a special section devoted to reflective and autobiographical contributions. In these pieces, boredom scholars share personal and intellectual narratives about how they first encountered boredom as an object of study and how they came to identify themselves as boredom researchers. We are pleased to announce that a new set of essays will be published in **Issue No. 4 (2026)**, and we warmly invite further contributions for this section from researchers interested in reflecting on their own paths into the study of boredom.

- ***Boredom, Faith, and Hope: Some Reflections on the Human Condition*** ([João Miguel Alves Ferreira](#)) <https://doi.org/10.5281/zenodo.17690614>
- ***A Car Crash, Phineas Gage, and How I Came to Love Boredom*** ([James Danckert](#)) <https://doi.org/10.5281/zenodo.17871910>
- ***Student Boredom, Boring Professors, and Student Burnout*** ([Mariusz Finkielstein](#)) <https://doi.org/10.5281/zenodo.17508682>
- ***Recollections of a Former Boredom Scholar*** ([Lars Svendsen](#))
<https://doi.org/10.5281/zenodo.17871471>

Read all new articles and submit your own here:

<https://www.boredomsociety.com/jbs/index.php/journal>

Special Issue on Boredom

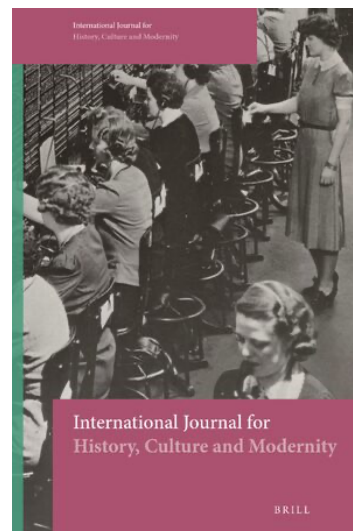
We are delighted to share that **Volume 13, Issue 2** of the *International Journal for History, Culture and Modernity* (Brill) has just been published online — a themed issue dedicated to advancing historical and cultural perspectives on **boredom and modernity**. [Read the issue on Brill](#).

This special issue brings together cutting-edge scholarship that explores *boredom* not merely as a psychological state but as a **historically and culturally embedded phenomenon** that shapes, and is shaped by, modern social life. Contributors examine boredom from diverse vantage points, engaging with historical processes, media, affective experiences, colonial contexts, and cultural practices in order to broaden our understanding of this ubiquitous yet often overlooked experience.

Highlights from the issue include:

- **“An Introduction to a Modern History of Boredom”** — an in-depth framing essay by Floris Meens that situates boredom within modern historical and cultural transformations.
- **“Boredom, Colonialism and Modernity: An Entangled History of Emotions in South Asia”** — a richly contextualized article exploring how boredom was constituted and reconfigured in colonial encounters.
- Additional essays that investigate boredom in relation to **media, spatial practices, emotional life, and modern subjectivities**, pushing the boundaries of boredom studies into new interdisciplinary terrain.

This issue will be of great interest to scholars in boredom studies and adjacent fields — including cultural history, media studies, anthropology, philosophy, and postcolonial studies — offering both theoretical insight and empirical depth. We congratulate all contributors and editors for bringing this vibrant collection to fruition and encourage members of the ISBS to explore the full issue online:



<https://brill.com/view/journals/hcm/13/2/hcm.13.issue-2.xml>

Papers Suggested by Our Members

Published by the **members of the Boredom Society**:

Alves Ferreira, J. M. (2025). The Theory of Boredom as a Sign of Existential Disconnection—Alves Ferreira’s Theory of Subjective Anomie. *Philosophies*, 10(6), 138. <https://doi.org/10.3390/philosophies10060138>

Medeiros, S. K. B. (2025). O tédio e a contemporaneidade: reflexões fenomenológico-hermenêuticas a partir da experiência docente e clínica. In *Stvdivm* (Vol. VII, pp. 109–140). Instituto Quero Saber. <https://doi.org/10.58942/eqs.187.06>

Stempfer, L., Stoll, S. E. M., **Fries**, J., **Pekrun**, R., & **Goetz**, T. (2025). A systematic review and multilevel meta-analysis of the relationship between boredom and arousal. *Communications Psychology*, 3, 182. <https://doi.org/10.1038/s44271-025-00358-8>

Others:

Agnew, R. (2025). Boredom and Crime: An Individual-Level Theory. *Deviant Behavior*, 1-16. <https://doi.org/10.1080/01639625.2025.2595172>

Carter de Jong, I. (2025). GIRLS. On Boredom, Rebellion and Being In-Between. *Fashion Theory*, 1-12. <https://doi.org/10.1080/1362704X.2025.2598141>

Hagen, A. L. (2025). The Frustrated Need for Meaning: Situational Aesthetic Boredom and Collaborative Creativity in Everyday Architectural Competition Work. In *The Routledge Handbook of Architecture and Anthropology* (pp. 140-149). Routledge. <https://doi.org/10.4324/9781003495017-14>

Inoue, S. (2025). “Lamentable but Irremediable”: Elizabeth Bishop and Boredom. *Bishop-Lowell Studies*, 5, 119-145. <https://doi.org/10.5325/bishoplowellstud.5.0119>

Küstner, A. L., Schönenberg, A., & Prell, T. (2025). The association between boredom proneness, functional status, and views on ageing in geriatric patients. *Frontiers in Psychology*, 16, 1657437. <https://doi.org/10.3389/fpsyg.2025.1657437>

Ombima, D. R. (2025). The Boredom Cadence Theory: Pausing to Rewire the Mind. <https://doi.org/10.23668/psycharchives.21358>

Zhang, T., Ikegaya, Y., & Uehara, I. (2025). Differential associations of parents’ ADHD tendencies, boredom proneness, and parenting styles with children’s ADHD tendencies and boredom proneness. *Scientific Reports*. <https://doi.org/10.1038/s41598-025-30163-6>

Informative Articles

- **Boredom and Suicidality: A Preliminary Study.** By E. Abaei, D. Lester, and N. Y. W. Fargo. *Suicide Studies*, <https://www.researchgate.net/publication/397873421>
[Suicide Studies 2025 66](#)
- **Boredom in the Digital Age: Social Media, the Digital Rift, and the Feeling of Emptiness in a Globalized World?** By B. **Berenzon Gorn**, *ISBS*, <https://www.boredomsociety.com/must-read/>

Share with us your articles, books, news, videos, and calls on boredom, and whatever you want to see here!

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INTERNATIONAL SOCIETY OF BOREDOM STUDIES

Email: contact@boredomsociety.com

