



## Newsletter

October 2025

### Editorial Note

Dear ISBS members,

The Directive Board hopes **issue #23** of our Newsletter finds you well. In this edition, we are including the **last paper published in the Journal of Boredom Studies**, the **databases / indexes** in which the journal was included so far, some of the most recent articles on boredom that some of you recommended, **two new books on boredom**, a lecture, and a **documentary** on our favorite topic! We also warmly welcome the new members of this non-boring community.

Please, **keep collaborating with us** so that this Newsletter contains the most recent news about Boredom Studies by sending your publications, conferences, call for papers, etc. to [contact@boredomsociety.com](mailto:contact@boredomsociety.com).

Josefa Ros Velasco  
Andreas Elpidorou  
Mariusz Finkielstein  
Wijnand van Tilburg  
Christian Parreño

### Invite your Colleagues to Join the ISBS

**285 members** are already enjoying the following benefits of being part of the ISBS:

- Being mentioned on our webpage as a member with a link to your website that may increase your visibility.
- Sharing with us your new publications, calls for papers, or any piece of important information concerning boredom (e.g., media releases). Such items will be disseminated to our network through our Newsletter.
- Staying informed about the work of others, new calls, initiatives, and events concerning boredom studies.

Membership is **free of charge**, and enrolment is fast and easy.

Tell your colleagues that they can become members by [contacting us via our website](#) and completing a short membership form.

# Journal of Boredom Studies

To celebrate the 20th anniversary of Boredom Studies, we would like to publish in the **Journal of Boredom Studies** a series of informal essays about "How and why I have become a boredom researcher/scholar?" We want to collect our stories to get to know them, document our experiences and motivations, and leave a mark for the next generations of boredom researchers (maybe it could be an encouragement for them). We would like to invite you to share your personal stories in whatever form and length you like. We want them to be published in issue #2 of JBS (2025), so we will wait for your contributions until **1 December 2025**. [Submit here](#).

Take a look at the **last paper published** in our journal!

**Khalilnezhad**, S. (2025). Predicting Boredom Based on Gratitude and Integrative Self-Knowledge in Adolescents: With the Mediating Role of the Meaning of Life from Three Existential, Cognitive, and Neurological Approaches. *Journal of Boredom Studies*, (3).  
<https://doi.org/10.5281/zenodo.17392810>

We are now in the following **databases / indexes**

## Indexing



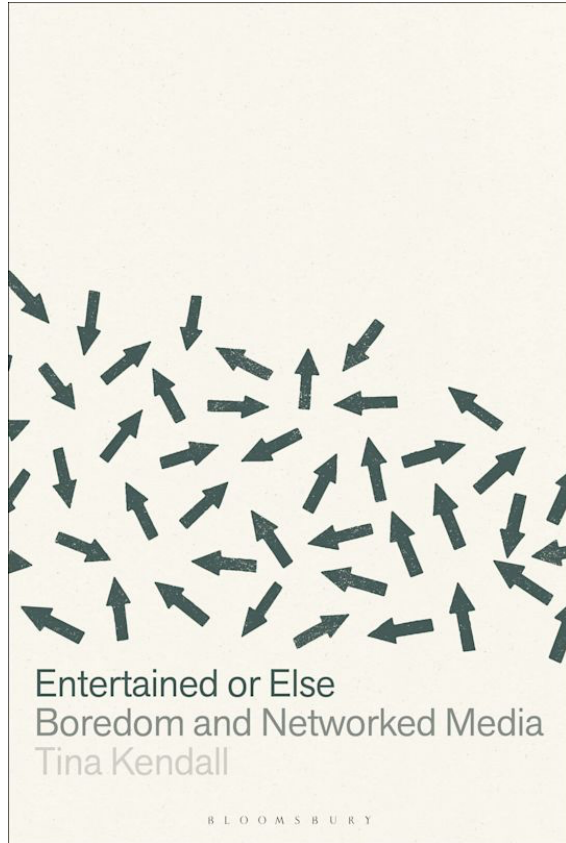
## Recent Books

### **Entertained or Else: Boredom and Networked Media**

By **Tina Kendall**

Bloomsbury Academic

9798765107614



This book considers the complex and often contradictory relations that are forged between boredom and everyday media use in the twenty-first century and demonstrates how networked media have developed new technical means of capitalizing on boredom's state of suspension to make it into a source of value creation.

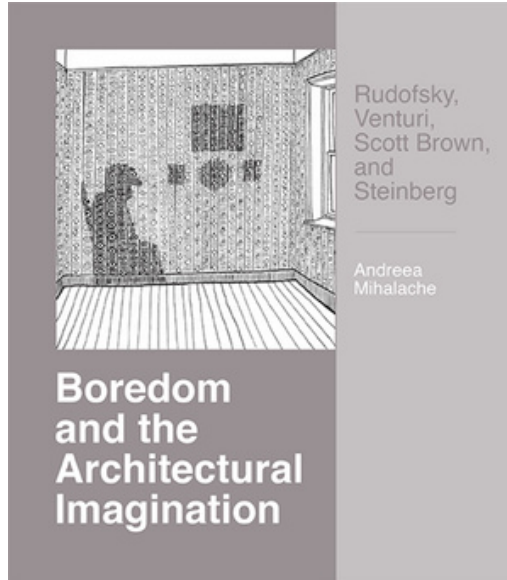
[Find it here.](#)

### **Boredom and the Architectural Imagination**

By **Andreea Mihalache**

University of Virginia Press

9780813951560



Any theorist or practitioner of architecture must confront, and even be compelled by, boredom. Called ennui, Langeweile, or acedia, boredom is a pressing concern, as the production and obsolescence of images accelerates with new technologies, leaving individuals saturated with information presented in fleeting displays that are easy to produce, easy to delete, and easy to consume. In this innovative book, Andreea Mihalache discusses the work of a quartet of well-known thinkers—designer Bernard Rudofsky, architects Robert Venturi and Denise Scott Brown, and artist Saul Steinberg—who all recognized this form of exhaustion and shallowness as the disease of the modern world. [Find it here.](#)

## Papers Suggested by Our Members

Published by the **members of the Boredom Society**:

**Copuroglu**, B. (2025). *Bored As Hell: Reading Boredom in Modern Literature* (Doctoral dissertation, The University of Western Ontario).

**CONGRATULATIONS!** 🥳🥳🥳 <https://hdl.handle.net/20.500.14721/38576>

**Dadzie**, V. B., & **Danckert**, J. (2025). Agency, frustration, and the experience of boredom. *Consciousness and Cognition*, 136, 103940.

<https://doi.org/10.1016/j.concog.2025.103940>

**Medeiros**, S. K. B. (2025). O tédio e a contemporaneidade: reflexões fenomenológico-hermenêuticas a partir da experiência docente e clínica. In R. S. Kahlmeyer-Mertens et al. (Eds.), *Stvdivm: anuário do grupo de pesquisa fenomenologia, hermenêutica e metafísica* (Vol. VII, pp. 109–140). Instituto Quero Saber. <https://doi.org/10.58942/eqs.187.06>

**Medeiros**, S. K. B., de Araújo Pereira, R. G., & **Ros Velasco**, J. (2025). "Mitos contemporâneos sobre o tédio" de Josefa Ros Velasco. *Aoristo-International Journal of Phenomenology, Hermeneutics and Metaphysics*, 8(2), 220-238. <https://doi.org/10.48075/aoristo.v8i2.35979>

**Pirla**, S., Navarro-Martinez, D., Pfattheicher, S., & Quidbach, J. (2025). Income and boredom: Evidence from 30 countries. *Journal of Economic Psychology*, 111, 102847. <https://doi.org/10.1016/j.joep.2025.102847>

Müller-Boysen, T., **Pirla**, S., & Pfattheicher, S. (2025). On the relation between boredom and social behavior: A registered report. *Journal of Experimental Social Psychology*, 121, 104804.

<https://doi.org/10.1016/j.jesp.2025.104804>

Radtke, V. C., **Martarelli**, C. S., & **Wolff**, W. (2025). Task-Related Effort-Distinguishing Boredom-and Difficulty-Related Effort via Electrodermal Activity. *Physiology & Behavior*, 115144.

<https://doi.org/10.1016/j.physbeh.2025.115144>

Samatanga, C., **Lapteva**, A., **Wolff**, W., & **Martarelli**, C. (2025). Tuning Out: Boredom, Mind-Wandering and Flow in Classical Musicians. Preprint.

<https://osf.io/preprints/psyarxiv/vt4h8>

## Others:

Farrugia, S. (2025). *Thinking, making, meditating: reflections on time and boredom through a fine art research project* (Bachelor's thesis, University of Malta). <https://www.um.edu.mt/library/oar/handle/123456789/138662>

Maltseva, S. M., Ivanova, P. O., & Kashina, O. P. (2025). Existential boredom as a phenomenon of human social existence. *Russian Social and Humanitarian Studies*, 17(2), 263-274. <https://doi.org/10.12731/2077-1770-2025-17-2-511>

Mihalache, A. (2025). A Satire of Institutional Boredom: Saul Steinberg's Smithsonian Portfolio (1967). *Ra. Revista de Arquitectura*, 144-157. <https://doi.org/10.15581/014.27.144-157>

Mlynski, C., Goschke, T., Korb, F. M., & Job, V. (2025). The motivational consequences of boredom. *Cognition and Emotion*, 1-10. <https://doi.org/10.1080/02699931.2025.2568554>

Mowlabocus, S. (2025). Solitary Vices: Boredom, Masturbation, Modernity. *International Journal for History, Culture and Modernity*, 1(aop), 1-31.

Pons, J. B. (2025). La Identidad Perdida: Estudio desde la Atomización Temporal de las Redes Sociales. *VISUAL REVIEW. International Visual Culture Review/Revista Internacional de Cultura Visual*, 17(5), 187-199. <https://doi.org/10.62161/revvisual.v17.5913>

Ripoll, T. (2025). The Boredom and Horror of Meaninglessness: The Ultimate Obstacle. In *Human Psychology and the Destruction of the Planet* (pp. 101-107). Cham: Springer Nature Switzerland. [https://doi.org/10.1007/978-3-032-02080-2\\_6](https://doi.org/10.1007/978-3-032-02080-2_6)

Romeral Gómez, D. Psicogeografía del Hastío: La Neurociencia de los Espacios Tediosos. *MHIB – Máster habilitante ETSAB 2021-2022*. <https://upcommons.upc.edu/bitstreams/bda081bd-7ae1-41a0-bb0a-f177865a0683/download>

Vermeulen, T. (2025). Boredom in Two Figures: A Space and a Gesture. *International Journal for History, Culture and Modernity*, 1(aop), 1-17.

## Lectures Suggested by Our Members

[PT] Jornada "Heidegger em debate na UFABC", by **Roberto Kahlmeyer-Mertens** (Unioeste). <https://www.youtube.com/watch?v=Hw628ZlqYVw>



## Media

**Revista Babel:** "Offline ou sobre por que não conseguimos ficar parados", by **Sofia Lanza**.  
[Read here.](#)

**ARTE TV (documentary):** "Sollten wir uns öfter langweilen?", by **Christiane Streckfuß**.  
[Watch here.](#)



**Share with us your articles, books, news, videos, and calls on boredom, and whatever you want to see here!**

## Contact us

INTERNATIONAL SOCIETY OF BOREDOM STUDIES

Email: [contact@boredomsociety.com](mailto:contact@boredomsociety.com)

