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## **Understanding boredom through Ortega y Gasset's moral philosophy**

The aim of this presentation is to contribute to the field of boredom studies from a perspective that has not yet been systematically explored: the gaze of Ortega y Gasset. On the one hand, it seeks to acknowledge the influence that Ortega y Gasset's thought within the context of Spanish philosophy; on the other, it aims to engage with the growing field of Boredom Studies, which has become increasingly established with greater clarity regarding its direction and purpose. This study focuses on Ortega y Gasset moral philosophy, based on the thesis that the core concepts that structure it—life, vocation, project, and self-absorption—offer valuable insights into understanding the phenomenon of boredom. Ortega y Gasset's work has been, and continues to be, extensively studied, in line with one of his fundamental ideas: that reality cannot be reduced to a single perspective, and any attempt to comprehend it requires a multiplicity of viewpoints. To this end, the present work also seeks to contribute to the study and understanding of Ortega's philosophy, with particular emphasis on his ethics of vocation.