



Newsletter

December 2024

Editorial Note

Dear ISBS members,

The last **Newsletter** of 2024 is out! The Directive Board wishes you a happy **New Year 2025**. Thank you for having been part of this great community one more year!

Issue #17 includes reminders of our call for papers for the **6th edition** of our **International Interdisciplinary Boredom Conference** (June 26-27, 2025, Online), and for our **Journal of Boredom Studies**, as well as updates about the latest published papers. We are sharing the link to the **Boredom Talks Series** episode by Prof. Bongrae Seok.

Please, keep collaborating with us so that this Newsletter contains the most recent news about Boredom Studies by sending your publications, conferences, call for papers, etc. to contact@boredomsociety.com.

Josefa Ros Velasco
Andreas Elpidorou
Mariusz Finkielstein
Wijnand van Tilburg
Christian Parreño

Invite your Colleagues to Join the ISBS

223 members are already enjoying the following benefits of being part of the ISBS:

- Being mentioned on our webpage as a member with a link to your website that may increase your visibility.
- Sharing with us your new publications, calls for papers, or any piece of important information concerning boredom (e.g., media releases). Such items will be disseminated to our network through our Newsletter.
- Staying informed about the work of others, new calls, initiatives, and events concerning boredom studies.

Membership is **free of charge**, and enrolment is fast and easy.

Tell your colleagues that they can become members by [contacting us via our website](#) and completing a short membership form.

Journal of Boredom Studies

Reminder

CALL FOR PAPERS. THE HISTORY AND DEVELOPMENT OF BOREDOM STUDIES

In 2025, we are celebrating the 20th anniversary of the publication of two significant works that helped to establish what we now call 'boredom studies.' The first was *Boredom and Modernity* by Elizabeth Goodstein (Stanford University Press), and the second was the English translation of Lars Svendsen's *The Philosophy of Boredom* (Reaktion Books). With this in mind, we invite authors to reflect on the **history and development of boredom studies**. In particular, we look forward to proposals addressing different areas of interest you can find on the website. Please, remember that submissions are expected to be received via the [journal's website](#) by **April 30, 2025**. Articles of **5,000-10,000 words** should be prepared, considering the journal's [author guidelines](#). Each article will undergo a standard double-blind review procedure, and accepted articles will be included in **issue #3** of JBS. In case of questions or doubts (e.g., about the subjects of the papers), please feel free to contact the editors in-chief of JBS (Mariusz Finkielstein | mariusz.finkielstein@gmail.com; Josefa Ros Velasco | josros@ucm.es).

Submit your articles, reviews, and translations at any time through our website:

<https://www.boredomsociety.com/jbs/index.php/journal/about/submissions>.

Reminder

CALL FOR PAPERS. 6th Boredom Conference, June 26-27, 2025 (Online)

Following the successful launch and development of the cross-disciplinary **Boredom Studies** and in accordance with previous editions, the **Boredom Conference** aims to attract specialists on boredom from a wide range of disciplines to expand the knowledge we have already achieved concerning its nature, history, causes, and consequences. Please, send proposals (in English) between **250-500 words** using the [registration form](#) no later than **MARCH 2, 2025**. Those selected will be notified on 17 March 2025. The participation in the Boredom Conference is **free of charge**. It will be held online and all presentations will be recorded. The language is English only. The proceedings will be published in the Journal of Boredom Studies.

Link to registration form: <https://forms.gle/E1UZZuE8E1gzxPLUA>

Boredom Talks

A Virtual Speaker Series on the Theme of Boredom

On Wednesday, October 16, our VP **Andreas Elpidorou** organized the first presentation of a [series of talks on boredom](#) hosted by the **Liberal Studies Program at the University of Louisville** with the partnership of the **International Society of Boredom Studies**. In this talk, Prof. Carrie Anne Marshall (Western University) presented on their important research on boredom during and following homelessness. The second talk was on Wednesday, December 11, by **Prof. Bongrae Seok** (Alvernia University). His talk, entitled “**Freedom and Wisdom in the Middle of Boredom: Daoist and Buddhist Conceptions of Boredom**”, is [now available here](#).

Freedom and Wisdom in the Middle of Boredom: Daoist and Buddhist Conceptions of Boredom

Presented at the Boredom Studies Series
(the Liberal Studies Program, University of Louisville)

Dec 11, 2024

Bongrae SEOK

Alvernia University



Papers Suggested by Our Members

[JOURNAL OF BOREDOM STUDIES PAPER] **Köwitz García**, J. (2024). From Situation-Dependent and Chronic Boredom to Profound Boredom: A Study of Boredom in Georg Büchner's Woyzeck, Lenz and Leonce und Lena. *Journal of Boredom Studies*, (2).

<https://doi.org/10.5281/zenodo.14278956>

[JOURNAL OF BOREDOM STUDIES PAPER] Vogel, N., & Fenske, M. (2024). Boredom Proneness Is Predicted by Difficulties in Emotion Regulation that Are Mediated by Corresponding Problems with Attention and Cognitive Flexibility. *Journal of Boredom Studies*, (2).

<https://doi.org/10.5281/zenodo.14200751>

- Seiler**, J. P. H., & Dan, O. (2024). Boredom and curiosity: the hunger and the appetite for information. *Frontiers in Psychology*, 15, 1514348.
<https://doi.org/10.3389/fpsyg.2024.1514348>
- Dadzie, V. B., & **Danckert**, J. (2025). State boredom but not boredom proneness influences judgements of agency. *Personality and Individual Differences*, 236, 113024. <https://doi.org/10.1016/j.paid.2024.113024>
- Drody, A., Nettinga, J., Dadzie, B., Lee, J., Trudel, C., Gopal, A., & **Danckert**, J. (2024). "I Am Easily Bored." Analysis of a Single Item Measure of Boredom. *The Journal of Psychology*, 1-15.
<https://doi.org/10.1080/00223980.2024.2422018>
- Lonn, A., Kolbuszuska, M., & **Harasymchuk**, C. (2024). Perceived distress and relational boredom during the COVID-19 pandemic: The role of shared leisure time. *Journal of Leisure Research*, 1-21.
<https://doi.org/10.1080/00222216.2024.2417290>
- Gajardo Jaña**, P. (2024). El aburrimiento como revelación del sinsentido según Cioran. *Revista de Filosofía*, 49(2), 565-582.
<https://doi.org/10.5209/resf.90120>
- Emami, E., & Alavitalab, M. (2024). The existentialist concept of creative boredom in the play Aramsaysehghah written by Bahman Forsi. *Journal of Fine Arts: Performing Arts & Music*.
<https://doi.org/10.22059/jfadram.2024.373898.615866>
- Salehi Mazandarani, M., & Fallahiyeh, L. (2024). Comparison and Analysis of the Transformation of Boredom in the Mystical Views of Sohrab Sepehri and the Philosophical Thoughts of Schopenhauer. *Research on Mystical Literature*. <https://doi.org/10.22108/jpll.2024.140119.1811>
- Cohen, B. H. (2024). Mental pain, boredom, and diffuse nociception. *Psychology of Consciousness: Theory, Research, and Practice*. Advance online publication. <https://doi.org/10.1037/cns0000405>
- Mekruksavanich, S., & Jitpattanakul, A. (2024, October). Multimodal Stress and Boredom Detection via Smartwatch Sensors and Hybrid Deep Residual Network with CBAM. In *2024 IEEE SENSORS* (pp. 1-4). IEEE.
<https://doi.org/10.1109/SENSORS60989.2024.10784549>
- Miao, P., Yang, Y., & Xie, X. (2024). Bored to stay bored: state boredom increases social comparison. *Motivation and Emotion*, 1-18.
<https://doi.org/10.1007/s11031-024-10102-0>
- van Lit, C. (2024). Existential Boredom and Imaginative Transcendence: Phenomenological Confluence Between Ibn 'Arabī and Evagrius of Pontus.

In *Eco-Imagination towards a Sustainable Future* (pp. 33-46). Springer, Cham. https://doi.org/10.1007/978-3-031-67659-8_4

Li, C., Qu, L., Chen, Y., Li, X., & Cheng, G. (2025). Unveiling the moderating effect of class problematic mobile phone use on learning burnout and state boredom: A linear mixed-effects model. *Personality and Individual Differences*, 236, 113017. <https://doi.org/10.1016/j.paid.2024.113017>

de Oliveira, L., Vallejo-Medina, P., & Carvalho, J. (2024). The Mediating Role of Sexual Boredom in Women's Sexual Desire and Satisfaction. *Journal of Sex & Marital Therapy*, 1-14. <https://doi.org/10.1080/0092623X.2024.2442958>

de Oliveira, L., Rham-Knigge, R., Ford, J., Coleman, E., & Mark, K. (2024). Sexual Boredom Inventory (SBI): Development and Initial Validation. *Journal of Sex & Marital Therapy*, 1-11. <https://doi.org/10.1080/0092623X.2024.2442944>

Chromý, J., & Tomaschek, F. (2024). Learning or boredom? Task adaptation effects in sentence processing experiments. *Open Mind*, 8, 1447-1468. https://doi.org/10.1162/opmi_a_00173

Akyıl, Y. (2025). Examining the connections between boredom proneness, resilience, mental well-being, and rumination. *Personality and Individual Differences*, 233, 112931. <https://doi.org/10.1016/j.paid.2024.112931>

Tul'adawiyah, R., Nurihsan, J., & Budiman, N. (2024, December). A Systematic Literature Review on Student Boredom: Analyzing Contributing Factors. In *Proceedings of the 5th International Conference on Psychological Studies, ICPSYCHE 2024, 24–25 July 2024, Semarang, Central Java, Indonesia*. <http://dx.doi.org/10.4108/eai.24-7-2024.2354297>

Gökçen-Kapusuz, A., & Şalvarcı, Ü. (2024). Is Conformist Behavior Related to Boreout?. *Journal of Management Archive*, 1(1), 15-25. <https://doi.org/10.70877/joma.7>

Martin, L., Villieux, A., & Camus, O. (2024, October). Dire l'ennui au travail en entretien d'explicitation. In *Journée d'étude interdisciplinaire sur le langage et la communication*. <https://hal.science/hal-04764742v1>

Espeche, X. (2024). Sobre el aburrimiento: una lectura de Las venas abiertas de América Latina. *Prismas-Revista de historia intelectual*, 28(2). <https://doi.org/10.48160/18520499prismas28.1482>

Lee, S. Y. (2024). Do bored people engage in online trolling more actively? Exploring the role of dark personalities and boredom proneness. *Personality and Individual Differences*, 234, 112956.

[NOW IN OPEN ACCESS PAPER] **Ros Velasco**, J. (2020). Humanities Still Have a Say in Boredom Studies. In *The Culture of Boredom* (pp. 1-20). Brill. https://doi.org/10.1163/9789004427495_002

[NOW IN OPEN ACCESS PAPER] **Ros Velasco**, J., & Provolt, N. (2020). Upper-Class Female Boredom in Marriage in 19th-Century Western Literature as a Manifestation of Socio-Cultural Pressures. In *The Culture of Boredom* (pp. 187-201). Brill. https://doi.org/10.1163/9789004427495_010

Call for TRANSLATION

<https://www.boredomsociety.com/jbs/index.php/journal/about/submissions>.

We are looking for someone (either a member of the society or someone external) who would like **to translate the following article** into **English** to be published in issue #2 of the **Journal of Boredom Studies**:

- **Retana, C. (2011). Consideraciones acerca del aburrimiento como emoción moral. *Kañina, Revista de Artes y Letras, Universidad de Costa Rica*, 35(2), 179– 190.**

It can be read (in Spanish) here (**FREE**):

<https://revistas.ucr.ac.cr/index.php/kanina/article/view/561>.

If you are interested in doing so for our journal (or know someone interested), please contact us: contact@boredomsociety.com / jbs@boredomsociety.com.

Please, feel free to suggest other possible translations to our editors.

Share with us your articles, books, news, videos, and calls on boredom, and whatever you want to see here!

Contact us

INTERNATIONAL SOCIETY OF BOREDOM STUDIES

Email: contact@boredomsociety.com

