



Newsletter

October 2024

Editorial Note

Dear ISBS members,

Issue #17 includes the call for papers for the **6th edition** of our **International Interdisciplinary Boredom Conference** (June 26-27, 2025, Online), with information on confirmed speakers and book presentations, and two calls for papers for **Journal of Boredom Studies** (esp. **issue #3: The History and Development of Boredom Studies**, 2025), as well as updates about the latest published papers. We are announcing the **Boredom Talks Series** and a **Philosophical Seminar on Boredom**. And don't miss the call for review for *The Routledge International Handbook of Boredom* (2024, Routledge)!

Please, keep collaborating with us so that this Newsletter contains the most recent news about Boredom Studies by sending your publications, conferences, call for papers, etc. to contact@boredomsociety.com.

Josefa Ros Velasco
Andreas Elpidorou
Mariusz Finkielstein
Wijnand van Tilburg
Christian Parreño

Invite your Colleagues to Join the ISBS

213 members are already enjoying the following benefits of being part of the ISBS:

- Being mentioned on our webpage as a member with a link to your website that may increase your visibility.
- Sharing with us your new publications, calls for papers, or any piece of important information concerning boredom (e.g., media releases). Such items will be disseminated to our network through our Newsletter.
- Staying informed about the work of others, new calls, initiatives, and events concerning boredom studies.

Membership is **free of charge**, and enrolment is fast and easy.

Tell your colleagues that they can become members by [contacting us via our website](#) and completing a short membership form.

Journal of Boredom Studies

CALL FOR PAPERS

THE HISTORY AND DEVELOPMENT OF BOREDOM STUDIES

In 2025, we are celebrating the 20th anniversary of the publication of two significant works that helped to establish what we now call 'boredom studies.' The first was *Boredom and Modernity* by Elizabeth Goodstein (Stanford University Press), and the second was the English translation of Lars Svendsen's *The Philosophy of Boredom* (Reaktion Books). With this in mind, we invite authors to reflect on the **history and development of boredom studies**. In particular, we look forward to proposals addressing the following, but not limited to, areas of interest:

- History of academic reflection on boredom in various disciplines or countries;
- Tributes to 'founding' and key personas, famous or forgotten, responsible for initiating significant strands of reflection on boredom and contributing, directly or indirectly, to establishing boredom studies;
- Critical assessments of classical positions in boredom studies and/or presenting their significance today or their 'afterlife,' thus, how they have inspired research and theory, and how their views have been developed over time;
- Changing concepts and understanding of boredom throughout the ages, history of boredom in connection to the history of reflection over it.

We would also like to encourage contributions outside the above list. We are open to any suggestions that fit under the issues covered in the title of the call.

Submissions:

Please submit your contribution via the [journal's website](#) by **April 30, 2025**. Articles of **5,000-10,000 words** should be prepared, considering the journal's [author guidelines](#). Each article will undergo a standard double-blind review procedure, and accepted articles will be included in **issue #3** of JBS. In case of questions or doubts (e.g., about the subjects of the papers), please feel free to contact the editors in-chief of JBS (Mariusz Finkielstein | mariusz.finkielstein@gmail.com; Josefa Ros Velasco | josros@ucm.es).

Download CFP:

<https://www.boredomsociety.com/wp-content/uploads/2024/08/Call-for-papers-JBS-2025.pdf>.

In the meantime, ...

TWO new papers were published as part of **Issue #2 (2024)** of [Journal of Boredom Studies](#) in September-October:

Chatterjee, T. (2024). [Beckett in Bengal: Boring Futures and Non-arrival in Ashish Avikunthak's Kalkimanthankatha](#). *Journal of Boredom Studies*, 2.

Beckett in Bengal: Boring Futures and Non-arrival in Ashish Avikunthak's Kalkimanthankatha

[PDF](#)[HTML](#)

Tirna Chatterjee

[+ More Info](#)

Published 2024-10-11

Keywords

Future, Time, Boredom, Aesthetics, Politics... [More](#)

How to Cite

Chatterjee, T. (2024). Beckett in Bengal: Boring Futures and Non-arrival in Ashish Avikunthak's Kalkimanthankatha. *Journal of Boredom Studies*, (2). Retrieved from <https://www.boredomsociety.com/jbs/index.php/journal/article/view/26>

[More Citation Formats](#)

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Abstract

This paper looks at *Kalkimanthankatha*, an adaptation of Samuel Beckett's *Waiting for Godot*, as an aesthetic object where the absurdist postwar 'tragicomic' play becomes an avant-garde film where two protagonists search for the mysterious messianic figure of Kalki, whose arrival, in Hindu mythology, marks the end of one temporal cycle [yuga]. God as absence and the boredom of waiting and non-arrival turns from direct translations of dialogue from the play; discussions on esoteric philosophical dilemmas like the value of inaction; acceptance of the unknowable; and ceaseless search as affirmative to faith; to conspiratorial speak on impending war marked by passages read from Mao's *Little Red Book* (published 1964) evoking the history of the Naxalite movement. This paper will look at how the *a priori* acknowledgment of the cyclical rather than linear structure of time ratifies the motif of uncertain and infinite repetition that marks the absurd quality of Beckett's work and ask: does the cyclical promise of the future as regeneration condemn its prospects to an absolute boredom? Does linear eschatology maintain certain circuitous elements—the coming/return of the messiah (in/as the/a future)—that enclose waiting and boredom as a way of life? Are boredom and waiting fundamental threads interlacing eschatological thoughts? Through this film, the paper will ask what happens to 'future/s' when this seemingly unanticipated encounter of contrarian positions and bodies of knowledge take place as sacred/profane, modernity/tradition, aesthetics/politics, linearity/circularity and to see how boredom plays a pivotal factor in shaping such thought, discourse, and understanding.

Sri, S. (2024). [Role of Context in Daily Boredom Experiences During the COVID-19 Pandemic: A Daily Diary Study](#). *Journal of Boredom Studies*, 2.

Role of Context in Daily Boredom Experiences During the COVID-19 Pandemic: A Daily Diary Study

[PDF](#)[HTML](#)

Sumana Sri

[+ More Info](#)

Published 2024-10-14

Keywords

COVID-19, boredom, daily meaning in life, daily diary, social contexts

How to Cite

Sri, S. (2024). Role of Context in Daily Boredom Experiences During the COVID-19 Pandemic: A Daily Diary Study. *Journal of Boredom Studies*, (2). Retrieved from <https://www.boredomsociety.com/jbs/index.php/journal/article/view/28>

[More Citation Formats](#)

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Abstract

Boredom is typically an experience from which most people want to escape. However, what happens when external constraints are placed on people's lives such as living through a pandemic and having to follow lockdown protocols? How does this affect their boredom experiences? In this 7-day daily diary study with 289 adults from the United States, we empirically tested how the changes in people's daily lives brought on by the COVID-19 pandemic, specifically, the amount of time they spent at home and the amount of time they spent alone, influenced the level of boredom they experienced on a given day. We also tested how the changes in people's daily meaning in life, which had also been impacted by the pandemic, influenced people's daily boredom experiences. Results from multilevel modeling showed that on days when people spent more time alone and experienced lower daily meaning in life, they experienced higher levels of boredom. However, the amount of time spent at home did not predict daily boredom. This study contributes to boredom literature by highlighting the impact that contextual factors have on people's boredom experiences. Typically, psychological research on boredom has focused on the characteristics of a specific activity that people are engaged in, or by their dispositional propensity to feeling bored. Understanding the role of people's contexts can help us devise nuanced and effective boredom coping interventions.

And, ...

TWO new book reviews:

da Mota Matos, M. (2024). [Review of the Book La enfermedad del aburrimiento by Josefa Ros Velasco](#). *Journal of Boredom Studies*, 2.

No. 2 (2024)

REVIEWS

Review of the Book La enfermedad del aburrimiento by Josefa Ros Velasco

Mayara da Mota Matos

Greenberg, D. (2024). [Review of the Book Spiritual Significance of Overload Boredom by Sharday C. Mosurinjohn](#). *Journal of Boredom Studies*, 2.

No. 2 (2024)

REVIEWS

Review of the Book Spiritual Significance of Overload Boredom by Sharday C. Mosurinjohn

Danielle Greenberg

Submit your articles, reviews, and translations at any time through our website:

<https://www.boredomsociety.com/jbs/index.php/journal/about/submissions>.

PERMANENT CALL FOR PROPOSALS:

If you have an idea for a special issue, our editorial team welcomes inquiries; please [contact](#) any of the editors in-chief.

Journal of Boredom Studies

ISSN 2990-2525

6th Boredom Conference

June 26-27, 2025 (Online)

CALL FOR PAPERS

Following the successful launch and development of the cross-disciplinary **Boredom Studies** and in accordance with previous editions, the **Boredom Conference** aims to attract specialists on boredom from a wide range of disciplines to expand the knowledge we have already achieved concerning its nature, history, causes, and consequences. The goals of this encounter are to 1) gather together boredom researchers from various academic disciplines worldwide; 2) make new and develop existing connections between them; 3) create the venue for interdisciplinary boredom-oriented academic discussion; 4) promote Boredom Studies as a justified, significant, and needed domain of scientific research; and 5) establish recurrent organizational and social structures that enable further development of Boredom Studies.

We look forward to proposals addressing the following **areas of interest**:

- Philosophy, Theology and History of Boredom
- Psychology and Psychiatry of Boredom
- Anthropology and Sociology of Boredom
- Animal Boredom, Evolutionary and Neuro-Boredom
- Boredom in Culture (Literature, Art, Cinema, etc.)
- Boredom in Education and Pedagogy



We would also like to encourage contributions outside that list for an **open session**.

Please, send proposals (in English) between **250-500 words** using the [registration form](#) no later than **MARCH 2, 2025**. Those selected will be notified on 17 March 2025. The participation in the Boredom Conference is **free of charge**. It will be held online and all presentations will be recorded. The language is English only. The proceedings will be published in the Journal of Boredom Studies.

Link to registration form: <https://forms.gle/E1UZZuE8E1gzxPLUA>

Download Call for Papers: <https://www.boredomsociety.com/wp-content/uploads/2024/08/Call-for-paper-BC-2025.pdf>.

More INFO: www.boredomsociety.com | contact@boredomsociety.com

Organizers: Josefa Ros Velasco | Mariusz Finkielstein

NEWS ON THE 6TH BOREDOM CONFERENCE

Confirmed Guest Speakers

Josefa Ros Velasco
&
Mariusz Finkielstein



Book Presentations

**Boredom Experience and
Associated Behaviors.
A Lifelong Research by Dr.
Augustin de la Peña
(2023, Springer)**

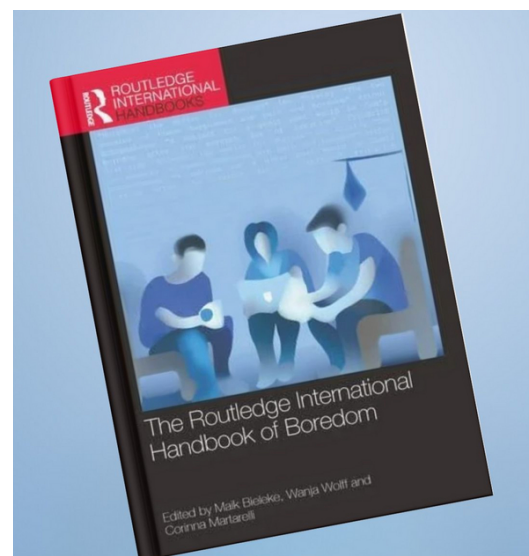
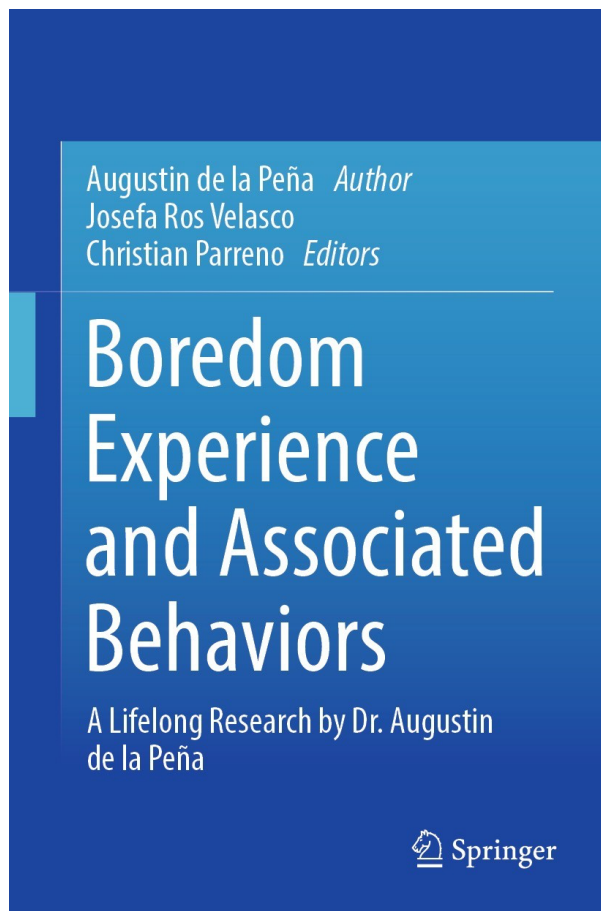
Josefa Ros Velasco – Presenter
&
Christian Parreno – Presenter

[Buy the book here.](#)
[Read the review here.](#)

**The Routledge International
Handbook of Boredom
(2024, Routledge)**

Maik Bieleke – Presenter
&
Wanja Wolff – Presenter
&
Corinna Martarelli – Presenter

[Buy the book here.](#)



Boredom Talks

A Virtual Speaker Series on the Theme of Boredom

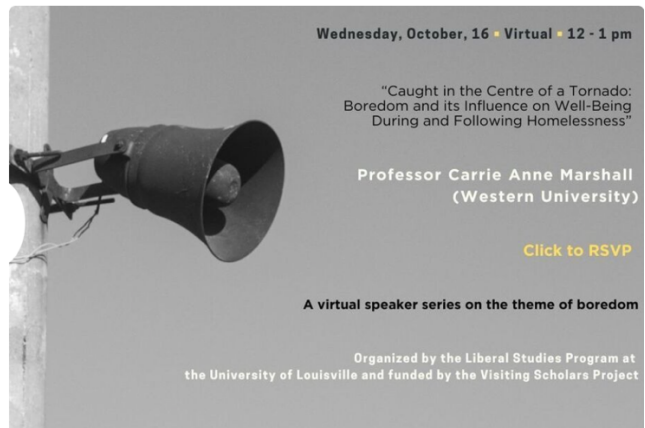
On Wednesday, October 16, our VP **Andreas Elpidorou** organized the first presentation of a [series of talks on boredom](#) hosted by the **Liberal Studies Program at the University of Louisville** with the partnership of the **International Society of Boredom Studies**.

In this talk, Professor **Carrie Anne Marshall** (Western University) presented on their important research on boredom during and following homelessness.

Caught in the Centre of a Tornado:

📅 Wednesday, October 16, 2024 12pm to 1pm

😊 I'm Interested



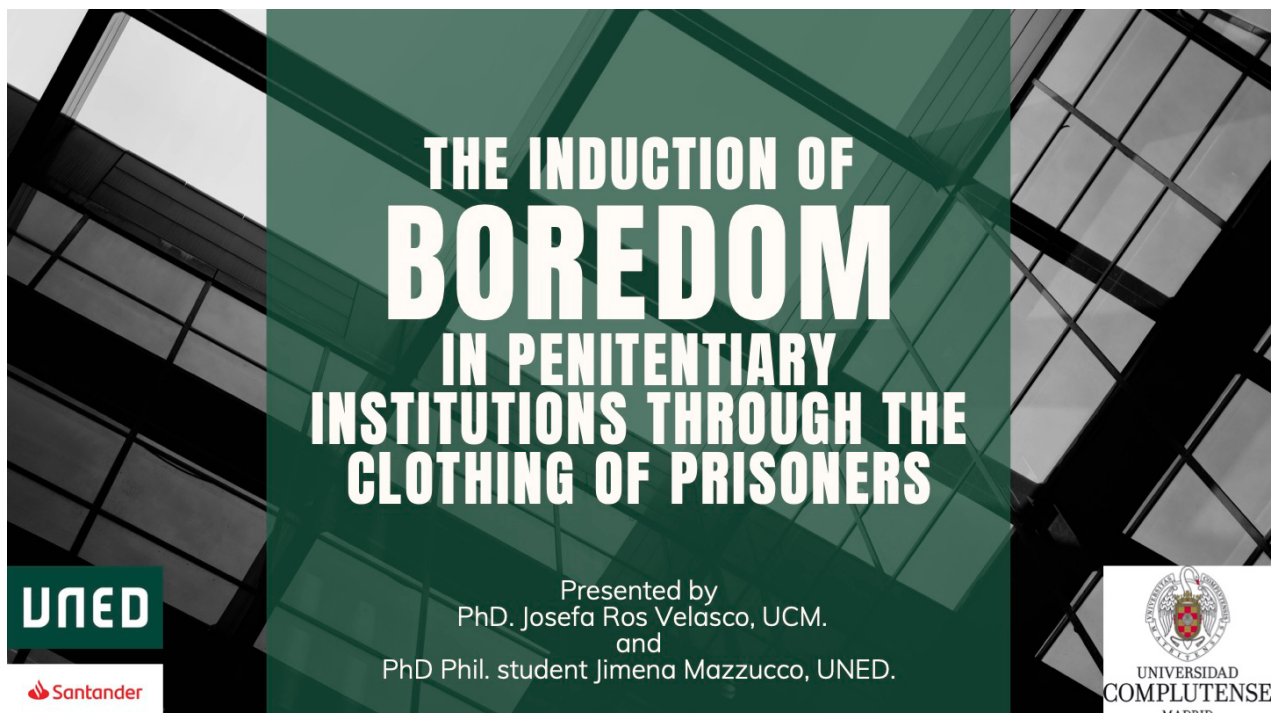
Next talk we be on **Wednesday, December 11**, 12pm – 1pm (ET). This time the speaker will be Bongrae Seok (Professor of Philosophy at Alvernia University in Reading, Pennsylvania).

All talks will take place on Microsoft Teams. Pay attention to the [University of Louisville Events Page](#) and to [our website](#) to be posted! We will also share the link to attend the talk with the ISBS members.

If you have suggestions for future speakers or are interested in presenting your own work as part of the series, [we would love to hear from you](#).

Philosophical Seminar

On **November 4, 2024**, at 11:00 AM (please note the time change on November 3, UTC -6), a philosophical seminar titled ***The Induction of Boredom in Penitentiary Institutions Through Prisoners' Clothing*** will take place **ONLINE** as part of the activities organized by [Real Colegio Complutense at Harvard University](#).



The speakers, Dr. **Josefa Ros Velasco**, Professor at Complutense University of Madrid and recipient of the National Research Award for Young People (María Moliner) in the area of Humanities in 2022, and **Jimena Mazzucco**, a PhD student in Philosophy at UNED and recipient of the Banco Santander Foundation scholarship in 2024, will present their research on the topic of boredom within the prison system. This philosophical inquiry seeks to pave the way for new lines of research related to prisoners' identity, reintegration, and life experiences.

[Join us!](#)

Papers Suggested by Our Members

Finkielsztein, M. (2024) "L'ENNUI DES SYRTES OR THE BOREDOM OF EMPIRES: ON COLLECTIVE MOOD OF EXISTENTIAL BOREDOM IN JULIEN GRACQ'S THE OPPOSING SHORE", *Culture Unbound*.

<https://doi.org/10.3384/cu.4933>

Gajardo Jaña, P. (2024): "El aburrimiento como revelación del sinsentido según Cioran", en *Revista de Filosofía*, avance en línea, 1-18.

<https://dx.doi.org/10.5209/resf.90120>

Pirla, S., & Ortega-Lapiedra, R. (2024). Is it boring to be an entrepreneur? Evidence from Europe. *MPRA*, 1-8. <https://mpra.ub.uni-muenchen.de/122278/>

Pirla, S., Navarro-Martinez, D., Pfattheicher, S., & Quoidbach, J. (2024). Income and boredom: Evidence from 30 countries. *SSRN*, 4972905.

<https://dx.doi.org/10.2139/ssrn.4972905>

Zeissig, A., Moeller, J., Fischer, S. M., & Bilz, L. (2024). Bedürfnisbezogene Korrelate der Langeweile und Indikatoren der Kreativität im Unterrichtskontext. 53. DGPs-Kongress / 15. ÖGP-Konferenz in Wien.

<https://doi.org/10.23668/psycharchives.15449>

Spencer, D., Ricciardelli, R., Richard, K., & Towns, Z. (2024). Of boredom and havoc: Correctional officers and meaning making. *Punishment & Society*, 14624745241286972. <https://doi.org/10.1177/14624745241286972>

Mendoza, W. H. (2024). Boreout syndrome in public administration: a vicious cycle of boredom and low productivity. *LATAM Revista Latinoamericana de Ciencias Sociales y Humanidades*, 5(5), 493-507.

<https://doi.org/10.56712/latam.v5i5.2622>

Veitch, E., & Alsos, O. A. (2024, October). Boredom, vigilance, and repetition during remote control room work for autonomous ships. In *Journal of Physics: Conference Series* (Vol. 2867, No. 1, p. 012024). IOP Publishing.

<https://doi.org/10.1088/1742-6596/2867/1/012024>

Lipka, A., & Waszczak, S. (2024). THE LEVEL OF PERCEIVED BOREDOM AT WORK AND BEHAVIORAL STRATEGIES. *Scientific Papers of Silesian University of Technology. Organization & Management/Zeszyty Naukowe Politechniki Śląskiej. Seria Organizacji i Zarządzanie*, (202).

<http://dx.doi.org/10.29119/1641-3466.2024.202.21>

Peng, B., Liu, N., Zhang, K., & Xu, S. (2024). Private self-awareness, state boredom, and snack purchases desire: the moderating role of self-control. *Cogent Psychology*, 11(1), 2401205. <https://doi.org/10.1080/23311908.2024.2401205>

Kim, J., Baek, J., Gu, M., Kim, J., & Lee, H. (2024). The Effect of Perceived Control on Boredom. *International Journal of Advanced Culture Technology*, 12(3), 250-256. <https://doi.org/10.17703/IJACT.2024.12.3.250>

Fatemi, M., Dayariyan, M. M., & Mosavi, A. (2024). The effect of the educational package to reduce marital boredom based on the lived experiences of couples on marital boredom of couples who are bored with married life. *Journal of Psychological Science*, 23(144), 3091-3108. <https://psychologicalscience.ir/article-1-2382-fa.html>

Enteshari, S., & Hadian, A. (2024). Effectiveness of Temperament-Based Training on Satisfaction, Emotional Intelligence, and Marital Boredom in Married Women. *Complementary Medicine Journal*, 14(2), 0-0. <http://cmja.arakmu.ac.ir/article-1-987-en.html>

Joshi, V. Resilience to Boredom: An Aim of Education?. *Stud Philos Educ* (2024). <https://doi.org/10.1007/s11217-024-09968-x>

Yetkin, R., & Özer-Altinkaya, Z. (2024). Exploring the antecedents, manifestations and coping strategies of boredom in the language classroom: A dynamic perspective. *British Educational Research Journal*. <https://doi.org/10.1002/berj.4075>

Duque-Gómez, S. I., Montoya-Garcés, M., & Martínez-Sánchez, L. M. (2024). Aburrimiento Escolar en Estudiantes de Medicina. *Revista Ciencia & Sociedad*, 4(3), 316-324. <https://www.cienciaysociedaduatf.com/index.php/ciesocieuatf/article/view/162>

Söderquist, A. S. (2024). Kierkegaard studies: Demonic Pantheism: Either/Or on Boredom as the Modern Crisis of Faith. *Zib*. <https://nbn-resolving.de/urn:nbn:de:101:1-2407101556597.738771648189>

Karazi-Presler, T., & Lomsky-Feder, E. (2024). Beyond the “wow” factor: the analytic importance of boredom in qualitative research. *International Journal of Social Research Methodology*, 1-13. <https://doi.org/10.1080/13645579.2024.2400154>

Hintze, S., Heigl, H., & Winckler, C. (2024). Towards a task to assess boredom-like states in pigs—Stimulus validation as a basis. *PloS one*, 19(10), e0311843. <https://doi.org/10.1371/journal.pone.0311843>

Paasonen, S. (2024). Bored Audiences: Zoned In and Out. In *The Routledge Companion to Media Audiences* (pp. 269-279). Routledge.

Espeche, X. (2024). Sobre el aburrimiento: una lectura de Las venas abiertas de América Latina. *Prismas-Revista de historia intelectual*, 28(2). <https://doi.org/10.48160/18520499prismas28.1482>

Recommended old article

[Boredom. Could it be creativity's spark—or a cause for concern?](#)

By **Perri Klass** (Harvard Medicine –
The Magazine of Harvard Medical School, Spring 2015)



Share with us those **papers on boredom recently published** you consider
our community should know!

Newspapers

The paper “[Fast-forward to boredom: How switching behavior on digital media makes people more bored](#)”, by our members **Katy Tam** and **Michael Inzlicht**, has received a great deal of attention from the international media. Some experts from our network have collaborated with journalists interested in boredom by answering their questions, in line with the work published by our colleagues. See, for example, this interview in one of the most important Spanish-speaking newspapers, [El País](#). ¡Congratulations!



Call for REVIEW

A hardcopy of the collective book [*The Routledge International Handbook of Boredom*](#) (2024, Routledge), edited by our members **Maik Bieleke**, **Wanja Wolff**, and **Corinna Martarelli**, is available for anyone who want to review it for the **Journal of Boredom Studies** (Issue #3, 2025). Please, contact us at contact@boredomsociety.com or jbs@boredomsociety.com if interested!



Call for TRANSLATION

<https://www.boredomsociety.com/jbs/index.php/journal/about/submissions>.

We are looking for someone (either a member of the society or someone external) who would like **to translate the following article** into **English** to be published in issue #2 of the **Journal of Boredom Studies**:

- **Retana, C. (2011). Consideraciones acerca del aburrimiento como emoción moral. *Káñina, Revista de Artes y Letras, Universidad de Costa Rica*, 35(2), 179– 190.**

It can be read (in Spanish) here (**FREE**):

<https://revistas.ucr.ac.cr/index.php/kanina/article/view/561>.

If you are interested in doing so for our journal (or know someone interested), please contact us: contact@boredomsociety.com / jbs@boredomsociety.com.

Please, feel free to suggest other possible translations to our editors.

Share with us your articles, books, news, videos, and calls on boredom, and whatever you want to see here!

A rhymed reflection

Life is not boring
It is not meant to be.
Even if you are all alone
Use your creativimagination
And nonboredomland you will see
Enter that space and be embraced by a newkind of tree

Francisco Gomes de Matos

ABA Global Education

Recife, Brasil

Contact us

INTERNATIONAL SOCIETY OF BOREDOM STUDIES

Email: contact@boredomsociety.com



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