



## Newsletter

February 2023

### Editorial Note

Dear members of the ISBS,  
The Directive Board is happy to share with you all the first **Newsletter** of 2023, hoping you are having a fantastic Spring Semester!

In the **issue #7** you can find some important information concerning the **5th International Interdisciplinary Boredom Conference** (June 2023), such as the extended deadline to submit your proposals and the names of confirmed keynote speakers. Also, we are showing how the **Journal of Boredom Studies** is growing, with new articles published in 2023.

Please, keep collaborating with us so that this Newsletter contains the most recent news about Boredom Studies by sending your publications, conferences, and call for papers to [contact@boredomsociety.com](mailto:contact@boredomsociety.com).

Josefa Ros Velasco  
Andreas Elpidorou  
Mariusz Finkielstein  
Wijnand van Tilburg  
Christian Parreño

### Invite your Colleagues to Join the ISBS

**161 members** are already enjoying the following benefits of being part of the ISBS:

- Being mentioned on our webpage as a member with a link to your website that may increase your visibility.
- Sharing with us your new publications, calls for papers, or any piece of important information concerning boredom (e.g., media releases). Such items will be disseminated to our network through our Newsletter.
- Staying informed about the work of others, new calls, initiatives, and events concerning boredom studies

Membership is **free of charge**, and enrolment is fast and easy.

Tell your colleagues that they can become members by [contacting us via our website](#) and completing a short membership form.

# Journal of Boredom Studies

**The first issue of the [Journal of Boredom Studies \(JBS\)](#) is growing!**

Look at the last articles published in the first months of 2023:

Bambrah, V., Moynihan, A. B., & Eastwood, J. D. (2023). Self-focused but lacking self-knowledge: The relation between boredom and self-perception.

<https://www.boredomsociety.com/jbs/index.php/journal/article/view/15>

Bargdill, R., & Zhang, L. (2023). The Habitual Boredom Scale: Preliminary Findings.

<https://www.boredomsociety.com/jbs/index.php/journal/article/view/7>

Gillham, A. (2023). Toward an Epicurean MAC Model of Boredom.

<https://www.boredomsociety.com/jbs/index.php/journal/article/view/17>

Franco, A. B. (2023). Aesthetic Boredom in Everyday Architecture.

<https://www.boredomsociety.com/jbs/index.php/journal/article/view/11>

Parreno, C. (2023). Boredom, Suicide, and Postmodern Architecture: Life and Death at No. 1 Poultry.

<https://www.boredomsociety.com/jbs/index.php/journal/article/view/5>

More new articles to be published soon!

Other articles published in this first issue so far are "[The Significance of Boredom: A Literature Review](#)", by Mariusz Finkielsztein, "[Review of the book Temporal Politics and Banal Culture by Peter Conlin](#)", by Michael E. Gardiner, or "[Boredom in Pandemic Times: It Won't Make Us More Creative \(Unfortunately\)](#)", by Josefa Ros Velasco.

The international peer-reviewed [Journal of Boredom Studies \(JBS\)](#), published annually by the International Society of Boredom Studies, is a multidisciplinary and open-access forum for theoretical and empirical advancements in all areas of boredom studies.

**[Make your submission](#) for the first issue (2023)** now by registering on the JBS's website and following our submission guidelines!

<https://www.boredomsociety.com/jbs/>

Journal of Boredom Studies

# 5<sup>th</sup> International Interdisciplinary Boredom Conference

June 28-29, 2023 - *Online Conference*

Extended deadline to submit proposals: **March 31, 2023**

[The International Society of Boredom Studies](#) is pleased to invite researchers and faculty staff from all disciplines to participate with papers in the **5<sup>th</sup> International Interdisciplinary Boredom Conference**.

We have received more than 50 proposals so far. But we are still looking forward to having more proposals addressing the following **areas of interest**:

- Philosophy, Theology and History of Boredom
- Psychology and Psychiatry of Boredom
- Anthropology and Sociology of Boredom
- Boredom in Culture (Literature, Art, etc.)
- Boredom in Education and Pedagogy
- Animal Boredom, Evolutionary and Neuro-Boredom



We would like to encourage the contributions outside above list as we plan to organize an **open session**. Please, send **proposals** (in English) of no more than 500 words using the [registration form](#) no later than **March 31, 2023**. Those selected will be notified on 15 April 2023. The participation in the Conference is **free of charge**. The Conference will be held **online** and all presentations will be recorded. The language of the Conference is **English only**. The proceedings of the Conference will be published as an issue of [Journal of Boredom Studies](#).

## Confirmed Keynote Speakers



[Erin Westgate](#)  
(University of Florida)



[Elizabeth Goodstein](#)  
(Emory University)



[Sandi Mann](#)  
(The University of  
Central Lancashire)

5<sup>th</sup> Edition Website: <https://www.boredomsociety.com/conference-5/>.

Link to the Registration Form: <https://forms.gle/yPHh9QCkK3ZVTpwA9>.

## New Special Issue on Boredom

The [European Journal of American Studies](#), published by the [European Association for American Studies](#) (EAAS), launched a Special Issue on boredom titled **The Boredoms of Late Modernity**, edited by the ISBS members' Anna Pochmara and Łukasz Muniowski. Articles included in this Special Issue are the following:

- Anna Pochmara: [Bored Again: Acceleration, Anxiety, and Boredom in Late Modernity](#)
- Mariusz Finkielsztein: [Consumer Boredom: Boredom as a Subliminal Mood of Consumer Capitalism](#)
- Arturo Corujo: [A Jacket Not Worth Looking At: Shipboard Boredom aboard Herman Melville's \*Neversink\*](#)
- Zuzanna Ladyga: [Acedia and David Foster Wallace's \*The Pale King\*](#)
- Anna Ferrari: [Not Moving While the World Falls Apart: Living in Quotes in John Weir's \*The Irreversible Decline of Eddie Socket\*](#)
- David Callahan: [Boredom, Cohesion, and Transformation in Nick Drnaso's \*Beverly\*](#)
- Mark Pedretti: [Tedium and Terror: Dreading Narration in Colson Whitehead's \*Zone One\*](#)
- Victoria Muskvik: ["Boring Photography": American \*New Topographics\*, Socialist Boredom, and Post-Soviet Deadpan Photography](#)
- Anna Pochmara: ["I Don't Think I Have an Attention Span for Real Life Anymore": Excessive Stimulation, Sense of Meaninglessness, and Boredom in Sam Levinson's \*Euphoria\*](#)
- Beata Zawadka: [The Un/Bearable Lightness of \(Slow\) Watching: Audiovisual Boredom as Stimulation](#)
- Łukasz Muniowski: [Oprah, Meghan, Harry, Pseudo-Events, and a Quick Fix to Boredom](#)



More information: <https://doi.org/10.4000/ejas.18972>

## Papers Suggested by Our Members

Elpidorou, A. (2023). Jadedness: A philosophical analysis. *Philosophical Studies*, 1-24.

<https://doi.org/10.1007/s11098-022-01911-5>

Nash, L., & Lyon, D. (2023). Work, boredom and rhythm in the time of COVID-19. *The Sociological Review*, 00380261221147749.

<https://doi.org/10.1177/00380261221147749>

Hughes, E. (2023). Meaninglessness and monotony in pandemic boredom. *Phenomenology and the Cognitive Sciences*, 1-15.

<https://doi.org/10.1007/s11097-023-09888-0>

Ojică, A. S. (2022). The Relationship between Meaningful Work and Cyberloafing: The Mediating Role of Boredom at Work. *Studia Doctoralia*, 13(2), 133-138.

<https://doi.org/10.47040/sd/sdpsych.v13i2.154>

Meng, F., & Xuan, B. (2023). Boredom Proneness on Chinese College Students' Phubbing during the COVID-19 Outbreak: The Mediating Effects of Self-Control and Bedtime Procrastination. *Journal of Healthcare Engineering*, 4134283.

<https://doi.org/10.1155/2023/4134283>

Cabello, E. G., & Martínez, G. A. M. (2023). Aburrimiento y ocio: De lo desagradable a lo agradable. *Open Insight*, 14(30), 57-85.

<https://doi.org/10.23924/oi.v13i30.556>

Vafeas, M. (2023). Boredom in the Creative Studio. *Journal of Advertising*, 1-9.

<https://doi.org/10.1080/00913367.2023.2173683>

Bartulović, A., & Kozorog, M. (2023). Songs against Boredom: Youth, Music, and Bosnian Exile 1. In *The Routledge Handbook of Refugee Narratives* (pp. 445-456). Routledge.

<https://www.taylorfrancis.com/chapters/oa-edit/10.4324/9781003131458-46/songs-boredom-alenka-bartulovi%C4%87-miha-kozorog>

Martarelli, C. S., & Jost, N. S. (2023). Methodological approaches to boredom and its measurement. [Draft version](#).

Martarelli, C., Bieleke, M., & Wolff, W. (2022). Bored of sports? Investigating the interactive role of engagement and value as predictors of boredom in athletic training. [Draft version](#).



## Podcasts Suggested by Our Members

### Boredom, Capitalism and Architecture

by Christian Parreño Roldán (A is for Architecture Podcast series, by Ambrose Gillick, University of Kent)

Spotify <https://tinyurl.com/28wvaffz>

Apple Podcasts <https://tinyurl.com/yn5kusez>

Google Podcasts <https://tinyurl.com/msd9h2p2>

Amazon Podcasts <https://tinyurl.com/yjzunc73>

### Por el sol

by Constanza Michelson (El oficio de vivir)

Spotify: <https://open.spotify.com/show/6GEFdrzPR89m9dGGvx5AgP>

Apple Podcasts: <https://podcasts.apple.com/us/podcast/el-oficio-de-vivir-con-constanza-michelson/id1603701324>

## YouTubes Suggested by Our Members

### Conference by Byung-Chul Han at UIMP

by Byung-Chul Han (Cursos de Verano de la UIMP)

### El sentido del aburrimiento en una sociedad hiperestimulada

by Joaquín Goyache (Joaquín Goyache)

### Papá, mamá: Me aburro

by Mónica de la Fuente (Madresfera)

## Posts Suggested by Our Members

### Your Ability to Focus Has Probably Peaked: Here's How to Stay Sharp

by Nir Eyal and Chelsea Robertson (Nir and Far)

## Events

**Josefa Ros Velasco**, president of the ISBS, will receive the **María Moliner National Research Award**, the highest award for Spanish researchers, from Their Majesties, the King and Queen of Spain, for her work in the field of Boredom Studies. The award ceremony can be watched in the following YouTube link next **Wednesday, March 1, at 12pm:**

<https://www.youtube.com/live/xd3SNgt-cuY?feature=share>

## External Call for Papers

### Philosophy in Review

Philosophy in Review is seeking a reviewer for Henri Lefebvre, *Boredom, and Everyday Life* by Patrick Gamsby. To review this or another philosophy title in a future issue, get in touch with them at [pir@uvic.ca](mailto:pir@uvic.ca).

### Boredom: The Elephant in the Room

**Frontiers in Sociology** Special Issue “Boredom: The Elephant in the Room” is now accepting submissions.

No publication fee thanks to Global Challenge Support grant.

Manuscript submission deadline 31 March 2023.

Topic Editors: Doris Sommer, Robert D. Austin, Alenxandra Vuyk, David M. Ndeti, Nicolas Prevelakis, Pier Luigi Sacco, Josefa Ros Velasco.

More information: <https://www.frontiersin.org/research-topics/40178/boredom-the-elephant-in-the-room>.

### Filosofía en la Red

Filosofía en la Red is an online platform that seeks to generate and promote philosophy conducted in Spanish and build connections between Spanish and English-speaking philosophy communities. As part of this ideal, and under the alliance we have with the International Society of Boredom Studies, we extend an invitation to its members to collaborate with unpublished texts for **Filosofía en la Red**.

For more information, please see the [Submission Guidelines](#).

**Share with us your articles, books, news, videos, and interviews on boredom, and whatever you want to see here!**

## Contact us

INTERNATIONAL SOCIETY OF BOREDOM STUDIES

Email: [contact@boredomsociety.com](mailto:contact@boredomsociety.com)



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