



Newsletter

April 2022

Editorial Note

The Directive Board of the **International Society of Boredom Studies (ISBS)** hopes you have all enjoyed spring break!

We are delighted to introduce you the **issue #2 (April)** of the Newsletter of the ISBS. As a member, you will receive this bulletin every two months. The aim of the Newsletter is to share with you information on relevant publications, call for papers, conferences and other news related to the ISBS and Boredom Studies.

We need your collaboration to compile material to be shared among our network! So, please, email us relevant news and publications.

Josefa Ros Velasco
Andreas Elpidorou
Mariusz Finkielstein
Wijnand van Tilburg
Christian Parreño

Invite your Colleagues to Join the ISBS

133 members are already enjoying the following benefits of being part of the ISBS:

- Being mentioned on our webpage as a member with a link to your website that may increase your visibility.
- Sharing with us your new publications, calls for papers, or any piece of important information concerning boredom (e.g., media releases). Such items will be disseminated to our network through our Newsletter.
- Staying informed about the work of others, new calls, initiatives, and events concerning boredom studies

Membership is **free of charge**, and enrolment is fast and easy.

Tell your colleagues that they can become members by [contacting us via our website](#) and completing a short membership form.

Recent Books

La enfermedad del aburrimiento

Josefa Ros Velasco
Alianza Editorial
978-8-41362-801-1

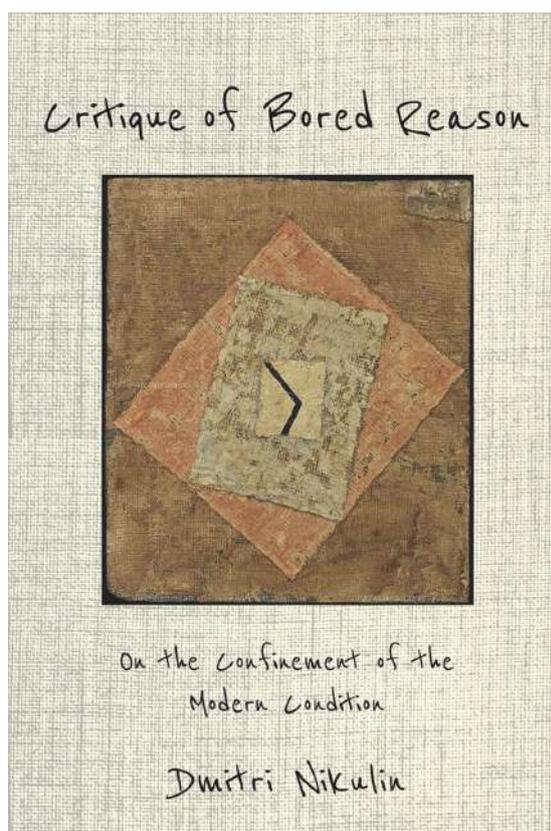


In this essay, Josefa Ros teaches us to listen to the voice of boredom, to explore its reasons, and to direct our actions, with the available resources, to return to an optimal state of satisfaction. She shows the multifaceted character of its experience and delves into its nature, highlighting its functionality and sharing the keys to making proper use of its power. *The disease of boredom* is the journey towards a radical change in the way of perceiving and dealing with boredom.

[Find it here.](#)

Critique of Bored Reason. On the Confinement of the Modern Condition

Dmitri Nikulin
Walter de Gruyter
978-0-23154-815-1

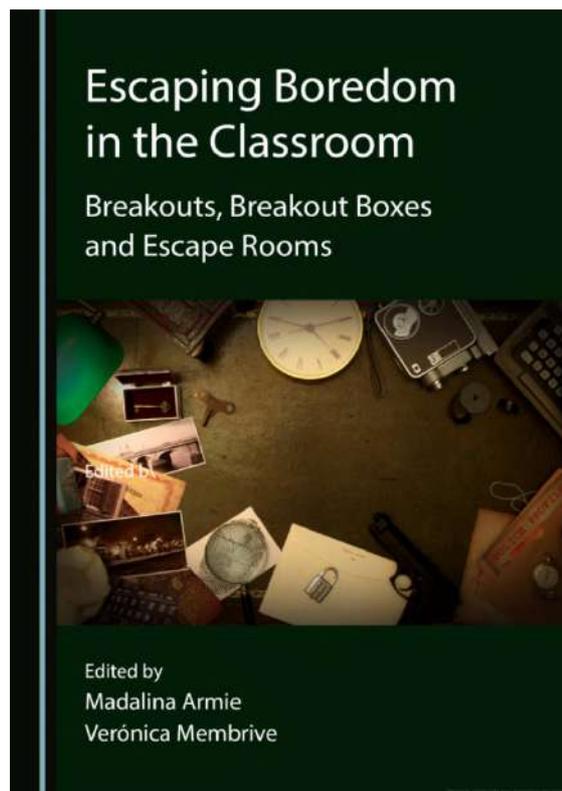


In this philosophical study, Dmitri Nikulin explores the concept's genealogy to argue that boredom is the mark of modernity. Considering such thinkers as Descartes, Pascal, Kant, Kierkegaard, Kracauer, Heidegger, and Benjamin, *Critique of Bored Reason* places boredom on center stage in the philosophical critique of modernity.

[Find it here.](#)

Escaping Boredom in the Classroom: Breakouts, Breakout Boxes and Escape Rooms

Edited by Madalina Armie and Verónica Membrive
Cambridge Scholars Publishing
978-1-52757-903-3



This volume presents the general premises of applying gamification to the learning experience and the advantages of implementing escape rooms, breakouts, and breakout boxes in the classroom.

[Find it here.](#)

Temporal Politics and Banal Culture. Before the Future

Peter Conlin
Routledge
978-1-47247-437-7



Temporal Politics and Banal Culture

Before the Future

PETER CONLIN

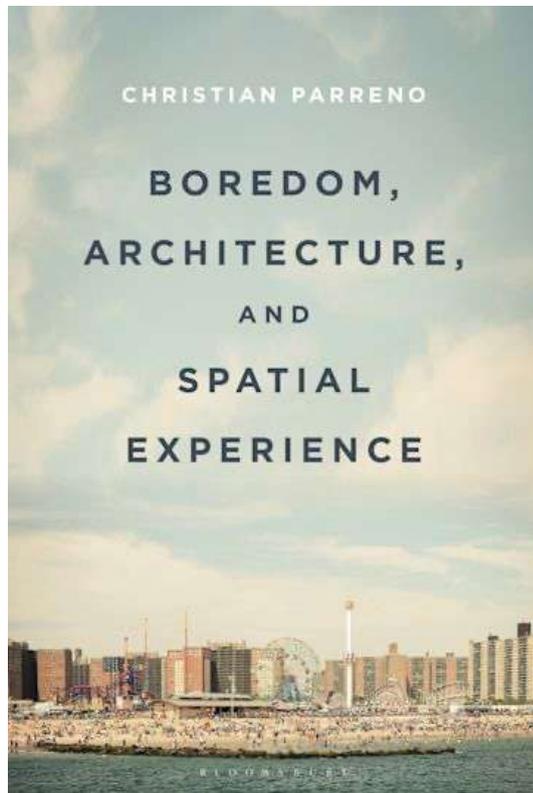


A rigorous theoretical examination of contemporary life and culture grounded in a close examination of sites and material examples, *Temporal Politics and Banal Culture: Before the Future* will appeal to scholars of social theory, sociology, cultural geography, cultural studies, and social philosophy.

[Find it here.](#)

Boredom, Architecture, and Spatial Experience

Christian Parreño
Bloomsbury
978-1-35014-813-0

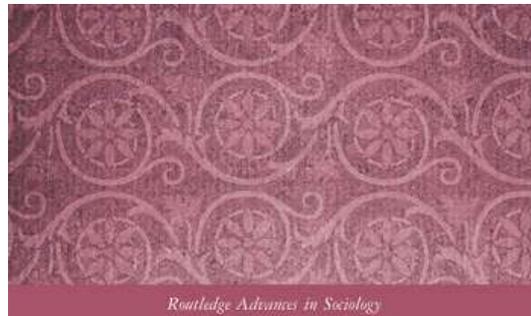


Boredom, Architecture, and Spatial Experience shows how an understanding of boredom affords us a new way of looking at and understanding the modern experience. It reconstructs a series of episodes in architectural history, from the 19th century to the present, to survey how boredom became a normalized component of the everyday, how it infiltrated into the production and reception of architecture, and how it serves to diagnose moments of crisis in the continuous transformations of the built environment.

[Find it here.](#)

Boredom and Academic Work

Mariusz Finkielsztein
Routledge
978-1-03201-835-5



BOREDOM AND ACADEMIC WORK

Mariusz Finkielsztein



Introducing the notion of boredom into the academic context, *Boredom and Academic Work* proposes a fresh sociological perspective on boredom and academic work alike. It invites a reader to reflect on the essence of boredom and the nature of academic work from the sociological perspective. It also provides an original, interactional, and essential definition of boredom and a novel standpoint for observing academic work, both in its systemic and practical level, and shows how the academic system influences its subjects' well-being, motivation, emotions, and practices.

[Find it here.](#)

Papers Suggested by Our Members

Van Tilburg, W. A., Igou, E. R., & Panjwani, M. (2022). Boring people: Stereotype characteristics, interpersonal attributions, and social reactions. *Personality and Social Psychology Bulletin*, 01461672221079104.

<https://doi.org/10.1177/01461672221079104>

Davis, K. (2022). The Shamefulness of boredom: Are good researchers allowed to be bored? In K. Davis & J. Irvine (Eds.), *Silences, Neglected Feelings, and Blind-Spots in Research Practice*. Routledge.

<https://doi.org/10.4324/9781003208563-9>

Ohlmeier, S., Klingler, C., Schellartz, I., & Pfaff, H. (2022). Having a break or being imprisoned: Influence of subjective interpretations of quarantine and isolation on boredom. *International Journal of Environmental Research and Public Health*, 19(4), 2207.

<https://doi.org/10.3390/ijerph19042207>

Ros Velasco, J. (2021). Me aburro luego existo: La constitución ontológica de la individualidad desde el aburrimiento. *Bajo palabra. Revista de Filosofía*, 28, 103-134.

<https://doi.org/10.15366/bp2021.28.005>

Media & Videos Suggested by Our Members

[The Daily Free Press](#) 10/04/2022

In A Word: Why you should sit with your boredom, by Kim Schneider

[iNews](#) 03/29/2022

What makes us bored? Psychologists explain why there's nothing dull about studying boredom, by Rhodri Marsden

[Essex Live](#) 03/21/2022

University of Essex study claims to have found the dullest people in the world, by Anna Willis

[Aburrimiento y melancolía en la configuración de la intelectualidad en la contemporaneidad clásica](#) 02/22/2022

Josefa Ros Velasco, UCM

Share with us your articles, books, news, videos, and interviews on boredom, and whatever you want to see here!

Call for Papers

The Journal of Boredom Studies

The ISBS will have its own academic journal starting in 2022. **The Journal of Boredom Studies** (JBS) will be a peer-reviewed, international, and multidisciplinary journal that publishes once a year theoretical and research papers, reviews, and translations covering subjects related to boredom from a variety of academic disciplines. You are invited to submit your research for issue 2 at any time. For now, you can do it by sending your work as a Word file, 6,000-10,000 words, following APA 7th edition to the ISBS email: contact@boredomsociety.com

Special Issue "Boredom in the COVID-19 Pandemic"

A special issue of *Behavioral Sciences*. Deadline for manuscript submissions: 31 July 2022. **Dr. James Danckert, Guest Editor** [More information](#) here.

Seeking a reviewer for Josefa Ros' *La enfermedad del aburrimiento*

Hard copies are available for those interested in writing a review of Josefa Ros' *La enfermedad del aburrimiento*. To review this title, get in touch at josros@ucm.es and jrodriguez@alianzaeditorial.es.

Seeking a reviewer for Dmitri Nikulin's *Critique of Bored Reason*

The journal *Philosophy in Review* (ISSN 1206-5269) is seeking a reviewer for Dmitri Nikulin's *Critique of Bored Reason: On the confinement of the modern condition*. To review this title, get in touch at pir@uvic.ca.

Podcast



The ISBS launched in January 2022 a new [podcast](#). Annie Runkel, PhD researcher at Duncan of Jordanstone College of Art and Design, University of Dundee, presented **Boredom Matters**, a series about Boredom Studies. In the first episode, ISBS president, Josefa Ros Velasco, introduced the ISBS vision and mission. Mariusz Finkielsztein, Andreas Elpidorou, Eric Igou, and Christian Parreño, answered the question: **if there is one fact about boredom you could share, what would it be?** Listen on: [YouTube](#), [Ivoox](#), [Soundcloud](#)

Please contact us if you wish to **contribute** to an episode, and also if you are interested to **become an active member** of the Podcast team, together with Annie Runkel.

Contact us

INTERNATIONAL SOCIETY OF BOREDOM STUDIES

Email: contact@boredomsociety.com



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