



Newsletter

February 2022

Editorial Note

The Directive Board of the **International Society of Boredom Studies (ISBS)** is delighted to greet you and to wish you a happy and healthy new year!

We would also like to inform you that the Newsletter of the ISBS is now in circulation. As a member of the ISBS, you will receive this bulletin every two months. Through it, we will share with you information on relevant publications, call for papers, conferences and other news related to the ISBS and Boredom Studies.

We need your collaboration to compile material to be shared among our network!

Josefa Ros Velasco
Andreas Elpidorou
Mariusz Finkielsztein
Wijnand van Tilburg
Christian Parreño

Podcast

The ISBS has launched a new [podcast](#).



Annie Runkel, PhD researcher at Duncan of Jordanstone College of Art and Design, University of Dundee, presents **Boredom Matters**, a series about Boredom Studies.

In the first episode, ISBS president, Josefa Ros Velasco, introduces the ISBS vision and mission. Mariusz Finkielsztein, Andreas Elpidorou, Eric Igou, and Christian Parreño, answer the question: **if there is one fact about boredom you could share, what would it be?**

Listen on:

[YouTube](#)

[Ivoox](#)

[Soundcloud](#)

Please contact us if you wish to contribute to an episode.

The Journal of Boredom Studies

The ISBS will have its own academic journal starting from 2022. **The Journal of Boredom Studies** (JBS) will be a peer-reviewed, international, and multidisciplinary journal that publishes twice per year theoretical and research papers, reviews, and translations covering subjects related to boredom from a variety of academic disciplines including, but not limited to, psychology, philosophy, sociology, education, cultural studies, literary studies, architecture, anthropology, work studies, management, and history. It aims to promote and disseminate multidisciplinary research on boredom, facilitate the advancement of knowledge concerning boredom, and give visibility and access to current scholarly work on boredom.



Editor-in-Chief
Mariusz Finkielsztein



Co-editor-in-Chief
Josefa Ros Velasco

The **first issue** will feature papers presented at the [4th International Interdisciplinary Boredom Conference](#)

You are invited to submit your research for issue 2 at any time. For now, you can do it by sending your work as a Word file, 6,000-10,000 words, following APA 7th edition to the ISBS email: contact@boredomsociety.com

Augustin de la Peña, *in memoriam*



[Dr. Augustin de la Peña](#), treasurer of the ISBS since its foundation, and promoter of this initiative, passed away in September. He was one of the pillars of our Society and an important scholar in the field of boredom studies. We send our condolences to his brother Daniel and his family and friends. Our heart is broken after this great loss. De la Peña spent the last ten years working on a book on boredom titled, ***Boredom Experience and Associated Behaviors***, which was contracted to be published by **Springer Nature**. With Daniel's permission, the ISBS will

be finalizing the manuscript and thus helping to realizing De la Peña's dream of publishing his *opera magna*.

Welcome to Christian Rafael Parreño Roldán

Prof. Dr. Christian Rafael Parreño Roldán, Assistant Professor of History and Theory of Architecture at Universidad San Francisco de Quito, Ecuador, is our new treasurer. Christian took over the post in November 2021.



Invite your Colleagues to Join the ISBS

121 members are already enjoying the following benefits of being part of the ISBS:

- Being mentioned on our webpage as a member with a link to your website that may increase your visibility
- Sharing with us your new publications, call for papers, or any piece of important information concerning boredom (e.g., media releases), and it will be distributed in our newsletter
- Being informed about the work of others, new calls, initiatives, and events concerning boredom studies

Membership is **free of charge**, and enrolment is fast and easy.

Tell your colleagues that they can become members by [contacting us via our website](#) and completing a short membership form.

Being a member does not require you to do any work *for* the Society (unless, of course, you would like to help promote the aims of the society). It is thus an important and effective tool for promoting your work and initiatives. Therefore, gathering as many boredom scholars/researchers as possible within the Society is crucial!

Papers Suggested by Our Members

O'Dea, M. K., Igou, E. R., Van Tilburg, W. A., & Kinsella, E. L. (2021). Self-compassion predicts less boredom: The role of meaning in life. *Personality and Individual Differences*, 186, 111360.

<https://doi.org/10.1016/j.paid.2021.111360>

Pfattheicher, S., Lazarević, L. B., Westgate, E. C., & Schindler, S. (2021). On the relation of boredom and sadistic aggression. *Journal of Personality and Social Psychology*, 121(3), 573–600.

<https://doi.org/10.1037/pspi0000335>

Ros Velasco, J., & Moya Arriagada, I. (2021). El aburrimiento como emoción reactiva y revolucionaria: El caso de Chile. *Isegoría*, 65, e11.

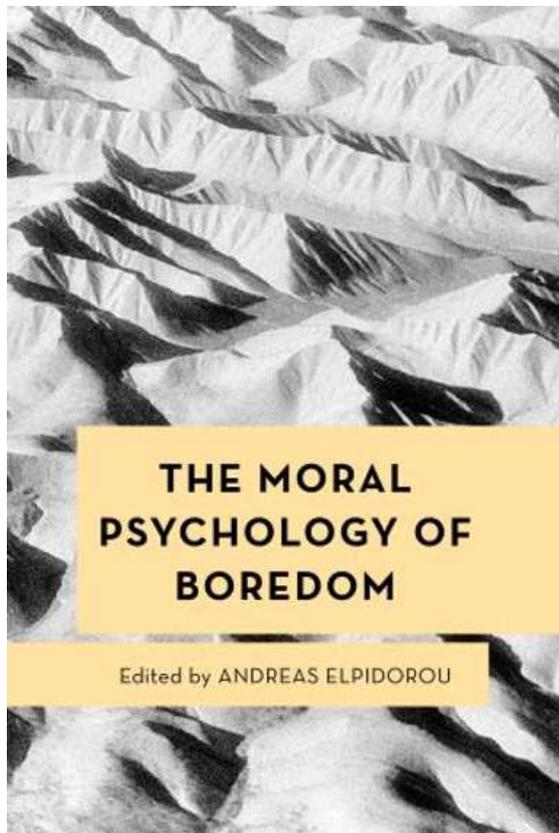
<https://doi.org/10.3989/isegoria.2021.65.11>

Erturk, S., Van Tilburg, W. A., & Igou, E. R. (2022). Off the mark: Repetitive marking undermines essay evaluations due to boredom. *Motivation and Emotion*, 1-12.
<https://doi.org/10.1007/s11031-022-09929-2>

Recent Books

The Moral Psychology of Boredom

Edited by Andreas Elpidorou
Rowman & Littlefield
978-1-78661-538-1

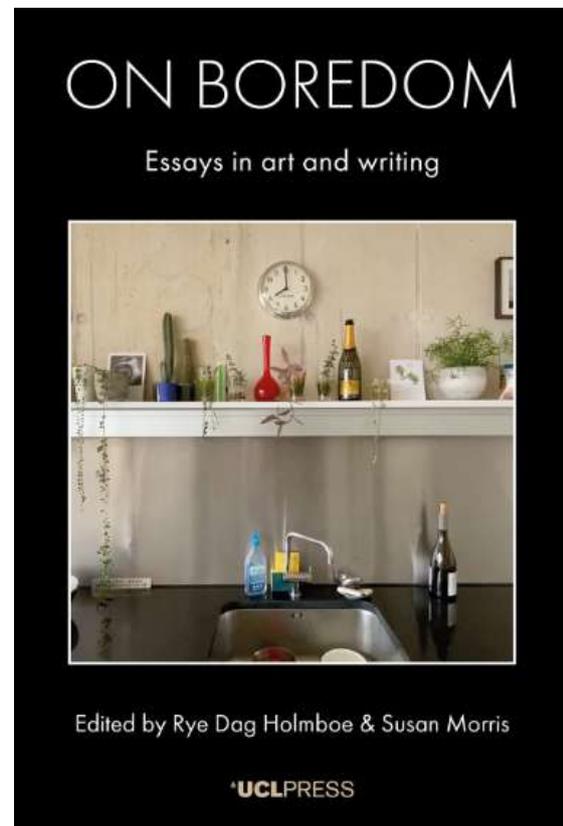


In this volume, world-renowned researchers come together to explore a neglected but crucially important aspect of boredom: its relationship to morality.

[Find it here.](#)

On Boredom. Essays in art and writing

Edited by Rye Dag Holmboe and Susan Morris
UCL Press
978-1-78735-946-8



What do we mean when we say that we are bored? Or when we find a subject boring? Contributors to *On Boredom: Essays in art and writing* examine boredom in its manifold and uncertain reality.

[Open access here.](#)

Media & Videos Suggested by Our Members

BBC News 1/10/2022

“Why do we get bored?”, by Samara Linton, interview with James Danckert, Annie Runkel, Elizabeth Weybright, and Christian Chan

Salon 12/05/2021

“Scientists who study boredom can help you channel your feelings into something productive”, by Gail Cornwall, interview with Sandi Mann, John Eastwood, James Danckert, and Lars Svendsen

“En casa de Herrero”, EsRadio 12/06/2021

“El aburrimiento amenaza con ser la próxima pandemia”, by Naiara Fernández, interview with Josefa Ros Velasco

Demystifying boredom 11/1/2021

James Danckert, University of Waterloo

El aburrimiento interestelar del cosmonauta 12/15/2021

Josefa Ros Velasco, UCM

Share with us your articles, books, news, videos, and interviews on boredom, and whatever you want to see here!

Call for Papers

Special Issue "Boredom in the COVID-19 Pandemic"

A special issue of [Behavioral Sciences](#) (ISSN 2076-328X).
Deadline for manuscript submissions: 31 July 2022.

Dr. James Danckert, *Guest Editor*

[More information](#) here.



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